

CONTRA COSTA COUNTY

Healthy Families Collaborative Prevention Plan

Collaborative Partners

First 5 Contra Costa, Brighter Beginnings, Hello Baby & AspiraNet Welcome Home Baby

Mission

HFC supports families through partnerships that honor differences and provide opportunities for families to achieve optimal development for themselves and their children.

Vision

Partnering with families for their dreams of tomorrow and their children's future.

Values

- ◆ **Strengths Based:** HFC empowers families to build on existing strengths as they move toward reaching their self-identified goals.
- ◆ **Family Driven:** HFC joins with families to shape and direct a plan reflective of their hopes and dreams.
- ◆ **Relationship Focused:** HFC provides opportunities, through supportive long-term relationships with families, to develop positive social connections with emotional depth, genuine acceptance and mutual trust.
- ◆ **Evidence Based:** HFC utilizes evidence based practices and data to “tell the story” and inform program decision making to facilitate positive outcomes for our families.
- ◆ **Parent-Child Relationships:** HFC strengthens Parent-Child relationships by promoting joyful exploration, reciprocity and the celebration of milestones.
- ◆ **Sustainability:** HFC approaches sustainability from a perspective of partnership, abundance and opportunity.

Mindfulness Statements

- ◆ **Reflection:** We will be mindful of our personal assumptions and embrace curiosity to honor the cultures and perspectives of others.
- ◆ **Interconnectedness:** We will be mindful of being attuned in the reciprocal relationships we share with the community for the benefit of all stakeholders
- ◆ **Time:** We will be mindful of taking the time for reflection to facilitate partnership, presence and intentionality in our work with families.
- ◆ **Life-Balance:** We will be mindful of prioritizing self-care as it replenishes our energy and ability to focus on the work at hand.
- ◆ **Communication:** We will be mindful of the uniqueness of each of our families and strive to adapt our communication and approach accordingly.

Objectives and Action Plan

1. We will bring together a leadership team that is inclusive of stakeholders to build a foundation to support the integrity of the work.
2. We will create an infrastructure to support our collaborative mission, vision and values to insure internal and external fidelity to the model.
3. We will develop tools to support, train and monitor the implementation of FDM throughout our work.
4. We will convene the members of the collaborative to support and facilitate shared learning and growth through ongoing training and strategic planning.
5. We will solicit and be responsive to parent feedback.