

## Senior Matrix, City of Fremont CA *Matrix Outcomes Model, Categories and General Indicators*

**Categories** 

Indicators

Caregiver Support	Cognitive Competence	Community Resources
<ul> <li>Emotional well-being</li> <li>Strength of support network</li> <li>Sustainability of the support network</li> </ul>	<ul><li>Memory</li><li>Mental alertness</li></ul>	<ul> <li>Education</li> <li>Access to services (with or without assistance is implied)</li> <li>Effectiveness of services</li> <li>Literary</li> </ul>
Cultural Diversity	Emotional Well-Being	Finances
<ul> <li>Immigration status</li> <li>Access to services (language, understanding of system, required documents, income)</li> <li>Cultural identity and adaptation to new environment</li> </ul>	<ul> <li>Sense of life value</li> <li>Level of functioning/coping skills</li> <li>Presence/degree of substance abuse</li> <li>Risk of hurting others or self</li> </ul>	<ul> <li>Income capacity (jobs, SS, SSI, pensions, investments)</li> <li>Budgeting skills and financial discipline</li> <li>Saving/financial resources</li> </ul>
Health	Legal	Safety
<ul> <li>Health habits</li> <li>Pain and physical discomfort</li> <li>Status of physical health</li> <li>Access to health care</li> </ul>	<ul><li>Legal rights</li><li>Capacity</li><li>Legal status</li></ul>	<ul> <li>Occurrences of accidents (falls)</li> <li>Environmental safety factors</li> <li>Client/caregiver capacity for preventing and managing accidents (falls)</li> </ul>
Shelter	Social/Family Support	Transportation/Mobility
<ul> <li>Stability of housing over time (factor in ability to pay for housing)</li> <li>Stability of living arrangements</li> <li>Structural safety and accessibility</li> </ul>	<ul> <li>Emotional well-being</li> <li>Strength of support system</li> <li>Sustainability of support network</li> <li>Quality of primary care giving relationship</li> </ul>	<ul> <li>Access to dependable transportation based on level of need</li> <li>Safety with transportation</li> <li>Reliability of transportation</li> </ul>