

# Interventions for the FDM Pathway

Data as of December 11, 2011



# How many intervention have been collected?

FDM Category	Interventions (n)	Families (n)
Basic Needs	3479	1704
Access to Services	3063	1563
Child Safety	1677	895
Parent/Child Relationships	1360	656
Life Value	1277	733
Family Communication	1090	616
Shelter	913	623
Social Emotional Health	857	536
Children's Physical/Mental Health	833	436
Substance Abuse	353	213



### What improvement was seen within the families?

FDM Category	Families with an intervention given at intake (n)	% lost to follow-up	% improved* (from 1 or 2 at intake)
Basic Needs	1426	32%	51%
Access to Services	1415	36%	84%
Child Safety	781	34%	71%
Parent/Child Relationships	531	33%	72%
Life Value	636	34%	79%
Family Communication	491	33%	72%
Shelter	518	37%	66%
Social Emotional Health	430	38%	77%
Children's Physical/Mental Health	372	37%	76%
Substance Abuse	176	42%	68%

<sup>\*</sup> Including only families: with at least one follow-up visit & given an intervention at intake



### Most Improved Category

Protective Factor	FDM Category	Family Development Matrix Indicators	Pathway Interventions
Concrete Support in Times of Need	Access to Services	Health Services Community Resources Knowledge Child Health Insurance Transportation	Provide health information, Provide transportation to access medical/counseling appointments, Participate in multi-disciplinary teams to coordinate services

Received the 2<sup>nd</sup> highest number of interventions



## What was seen within each indicator for Access to Services?

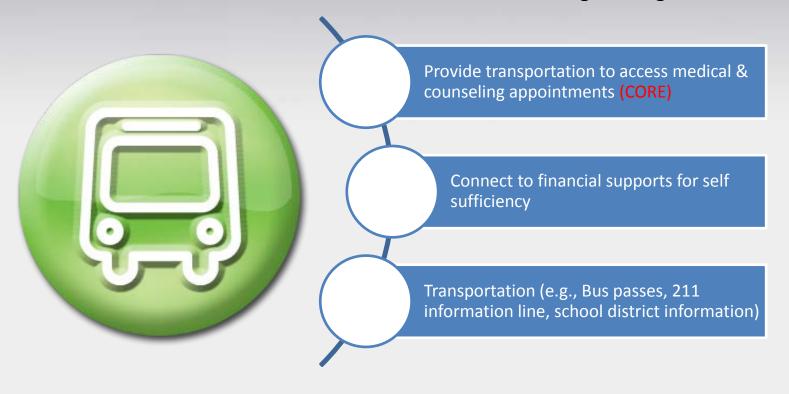
FDM Category	Families with an intervention given at intake (n)	% lost to follow-up	% improved* (from 1 or 2 at intake)
Access to Services			
<ul> <li>Access to Transportation</li> </ul>	220	29%	85%
Child Health Insurance	356	35%	78%
<ul> <li>Community Resource Knowledge</li> </ul>	897	32%	88%
Health Services	261	29%	83%

<sup>\*</sup> Including only families: with at least one follow-up visit & given an intervention at intake



### What interventions were used for transportation?

Over 90% of interventions fell into the following 3 categories





## What were the common interventions for Child Health Insurance?

Approximately 80% of interventions fell into the following 5 categories

#### **Interventions**

Provide health information

Assist with the Health Insurance Process/Application or referral to help

Refer to a health provider (free/low cost clinic, etc.)

Identify developmental concerns

Participate in Multi-disciplinary teams to coordinate services



# What interventions were used for Community Resource Knowledge?

Over 90% of interventions fell into the following 3 categories

Including:
WIC,
Money workshops,
Food programs,
Father parenting
classes

Work with families to identify system gaps

Participate in Multi-disciplinary teams to coordinate services

Inform/refer clients of community resources (e.g., I & R specialist, 211, etc.)



## What were the common interventions for Health Services?

#### **Interventions**

Provide health information

Health insurance assistance or referral

Refer to health provider (free/low cost clinic)

Provide linkages to remove barriers to mental health and substance abuse services

SJC Human Services Agency

Improve nutrition



### Least Improved Category

Protective Factor	FDM Category	Family Development Matrix Indicators	Pathway Interventions
Concrete Support in Times of Need	Basic Needs	Budgeting Clothing Employment	Connect to financial supports for self-sufficiency

Received the highest number of interventions



## What was seen within each indicator for Basic Needs?

FDM Category	Families with an intervention given at intake (n)	% lost to follow-up	% improved* (from 1 or 2 at intake)
Basic Needs			
• Budgeting	471	34%	75%
• Clothing	438	31%	70%
• Employment	854	31%	32%

<sup>\*</sup> Including only families: with at least one follow-up visit & given an intervention at intake



#### What were the common interventions for Budgeting?

Interventions	% of improved families* with 1-2 score at intake
Connect to financial supports for self sufficiency	67%
Information and Referral, for example - Mobile Farmer's Market - WIC - Energy Partners Program	13%
"Making Every Dollar Count" program	12%
Financial/Other Public Assistance	7%
Budgeting (including Consumer credit counseling)	7%

<sup>\* %</sup>s sum to >100% because some families had multiple interventions



# What interventions were commonly used for Clothing?

The majority of interventions were finance-related



#### Finance-related

- Connect to financial supports for self sufficiency
- Refer to organization providing clothing (Thrift Shop/ Catholic Charities)
- Financial Assistance (Gift card or clothing voucher or Public Assistance)

Participate in Multi-disciplinary teams to coordinate services

Support family to advocate for child in school



# What interventions were commonly used for Employment?

The majority of interventions were referrals

Refer to employment/job development services/career centers

APA employment program,
Cal-Jobs,
Online searches,
LC DSS Subsidized
Employment
Programs

Connect to financial supports for self sufficiency (Core)

Participate in Multi-disciplinary teams to coordinate services

Help apply for a job



# What were the differences between improved and not improved families (regarding employment)?

Characteristic	Improved Families (N=184)	Not Improved (N=382)
<ul> <li>DR Path</li> <li>1</li> <li>2</li> <li>3</li> <li>None (4)</li> <li>Total</li> </ul>	4% 14% 5% 77% 100%	4% 20% 8% 68% 100%
Race/Ethnicity - African American - Asian/Pacific Islander - Caucasian - Latino/Hispanic - Mixed/Other - Native American/Indian - Total	12% 9% 16% 60% 1% 2% 100%	19% 6% 21% 49% 2% 3% 100%

Note: Includes only families: with at least one follow-up visit & given an employment intervention at intake



# Was there a difference in the number of children between improved and not improved families (regarding employment)?

Characteristic	Improved Families (N=183)	Not Improved (N=382)
Total number of Children		
• 0	4%	6%
• 1-2	62%	61%
• 3-4	27%	29%
• 5-7	7%	4%
• Total	100%	100%

Note: Includes only families: with at least one follow-up visit & given an employment intervention at intake



# Was there a difference in treatment between improved and not improved families (regarding employment)?

Characteristic	Improved Families (N=184)	Not Improved (N=382)
Total number of Interventions (all types not simply employment)  1-5  6-10  10-20  20+	59% 29% 10% 2%	66% 22% 10% 2%
<ul> <li>Total number of Visits</li> <li>2</li> <li>3</li> <li>4-5</li> <li>5+</li> <li>Total</li> </ul>	100% 70% 19% 8% 3% 100%	100% 79% 17% 3% 1% 100%

Note: Includes only families: with at least one follow-up visit & given an employment intervention at intake

# "Stable of Self Sufficient" on 2nd assessment that were "At Risk or In Crisis" on 1<sup>st</sup> assessment

